



The Garden Trellis



Newsletter for the SAN CLEMENTE GARDEN CLUB,
Member of California Garden Clubs, Inc., Orange County District
Member of National Garden Clubs, Pacific Region

March, 2021
Vol. LII, No. 6

(COVID edition in lieu of our Yearbook.)

Seeds of Inspiration

San Clemente Garden Club

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www.sanclementegardenclub.com
Organized 1951

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Deadline for Articles:
15th of each month

President's Message from Cindy Burns



Welcome to our March Trellis newsletter. While we, as yet, are not able to meet in person, we just had our third fabulous zoom meeting. Carol Luetz and Weej Baggaley, our co-Program Chairs have worked really hard on finding inspiring, quality presenters. We follow up with a business meeting where you can learn of our few live events going on. Joanne Moran provides a bit of inspiration at the beginning and Laura Bard winds it up with her garden Q & A session.

We have an impressive 170 members, yet the most we get to our zoom meetings is 40. We want these virtual general meeting attendance numbers to be worth all of the efforts put into it.

Our zoom meetings are on our regular day and time-**first Wednesday** of the month, **1 pm**. The only thing you need to do is go into your App Store and search "zoom", then download for free. The rest is simple. Under the San Clemente garden club email, you will be invited to the meeting. Just click on the link. If you have any issues, just reply to the email and you will get the assistance you need.

So, let's support our club by attending our zoom meetings and feel free to share the link with your friends. We love to share our speakers with guests!

Zoom Meeting Wednesday, March 3, 1:00 pm

from Carol Luetz

Haven't been to the club's zoom presentations yet? Join us, it's easy and fun.

This month **Bonnie Jo Manion** will tell us why the French Country lifestyle is so adored and revered. Bonnie shares with us her French Country lifestyle with tips for seasonal living, Mediterranean gardening, cooking from the garden, Provence flavors, and easy styling. They all go hand in hand, layer upon layer to create "le bon vivre" --the good life. There will be a handout in the email about the Zoom meeting. You can use it to follow along during the presentation. It includes recipes, cook book authors, and tips for enjoying French country living.

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Orange County District News

from Bette Langford

Currently, the Orange County District of CGCI has no events scheduled.

Membership/Discount cards are ready

Stop by Betsy Dunn's house to pick your name badge and discount card.

32186 Via Barrida, San Juan Capistrano

To make arrangements to pick yours up, email Betsy: betsyd143@gmail.com

If you attended the Smart Pot webinar on November 18, you can pick up your FREE Smart Pot too at **Weej Baggaley's, 23 Via Lucena, SC.**

And we have tons left over @ \$5 a pop!

Membership from Betsy Dunn

Members Favorites

I asked several members to tell me their favorite Garden Club field trips over the years. The replies brought back lots of memories.

Sara Bethurum enjoyed the **Leo Carillo Estate** in Carlsbad. Touring the home and gardens was wonderful and the peacocks were an added bonus.

Patricia Corless' favorite was the **The Modjeska Historic House**. That one is a registered historic landmark.

Several members including **Sherry Christensen** loved walking through the **San Diego Botanic Gardens**.

Tanya Johnson mentioned one of my favorites – the **Prima Deshecha Landfill**. Why? "Because it was our landfill, our garbage, and the planning and forethought that went into the project was so impressive." Who would have thought that a landfill tour could be so interesting?

Lana Doyle has been arranging our trips for several years now. So many members mention the planning and attention to detail that goes into each trip. She arranges the transportation, meeting times, and lets us know in advance what restaurants are in the area if we want to have lunch. Lana has been looking at different places to visit once the pandemic lets us socialize again. We can hardly wait, Lana! By the way, Lana's favorite trip was to the **Huntington Library**.

*** Just a short reminder to members to check their email junk folders for Garden Club emails. ***

Garden Tour, May 14, 2022

from Weej Baggaley

This year's Garden Tour that was tentatively scheduled for June 26 **has been canceled** due to complications from the pandemic. It's a shame, because surely many people could use a day of admiring beautiful gardens! Please mark your calendars for our next **Garden Tour on Saturday, May 14, 2022.**

Civic Beautification from Kieu Doan

A big kudos to **Carol Luetz, Diane Murico, Launa Gould, Mary Mohr, Sherry Christensen** and **Rosa Kinoshita** who worked at the Casa Romantica garden on Wednesday, Feb. 17. We pulled lots of Ragweed and Oxalis.

The Native Garden area is looking great but there is still lots of work to be done around the garden. Hope you can come to join us next month.



A big thank you to **Anna Wyman, Carol Luetz, Diane Murico** and **Diane Riopka** for coming to Park Semper Fi on Wednesday, Feb. 3, to work in the garden. We planted about 15 one-gallon containers of Calylophus, Armeria, or Sea Thrift, and Purple Verbena. With the recent rain we've had, the gardens are thriving nicely. We've already seen many blooming flowers from the Bulbine Hallmark, even with the new cuttings we planted last month. We have more flowering plants that will need to be planted in March.

We will meet on **Wednesday, March 3, at 9 am at Park Semper Fi** and on **Wednesday, March 17, at 9 am at Casa Romantica**. The parking lot for the Casa is under construction so please park your car on the street. Hope to see you there at one or both gardens.



Garden Peeps from Julie Bawden-Davis

Feature of the Month: Create a Hummingbird Haven in Your Garden

One of my favorite sounds in the garden is the distinctive whir of hummingbird wings. Often before I see one of these tiny birds, I hear the creature. Usually this occurs when I'm near one of the many tubular flowers I have growing in my yard. Hummers love such flowers, because their long beaks can extract nectar from deep in the blooms where other pollinators fail.

This morning, I had the pleasure of a hummingbird whirring by and going to drink out of one of my fountains. Then, to my delight, she took a bath. As she did so, the morning sunlight caught her iridescent body and the underside of her wings, which sparkled neon green and ruby red.

"Watching a hummingbird is enchanting. Their tiny size and incredible speed make them a natural wonder," says Elaine Cole, owner of Cole's Wild Bird Products, Inc. Hummingbirds flap their wings an astounding 70 times per second—hence the whirring sound they make. They can move in every direction, including backward. Perhaps even more intriguing is the fact that hummingbirds are considered New World birds. These little gems can only be found naturally in the Americas and aren't from other continents.

Luring hummingbirds to your yard:

If you want to attract hummingbirds to your garden—and even get them to land on your hand—Cole notes that you need to provide them with a steady stream of food. Hummers are true "grazers." They must eat once every 10 to 15 minutes, which is why they have to visit 1,000 to 2,000 flowers each day. "Provide safe, reliable food sources for hummingbirds, and they'll come in droves to your garden," says Cole.

Hummingbirds require a steady source of insects and nectar to feed themselves and their young. You can provide nectar through flowers and a hummingbird feeder. The flowers and other plants in your yard attract the insects.

Hummingbird flowers:

As mentioned, blooms that attract hummingbirds are tubular. The tiny birds also like brightly colored flowers, such as red, bright pink and yellow. Some favorite hummingbird flowers include trumpet flower, bee balm, sage, honeysuckle, iochroma, petunia, foxglove, hollyhock, cardinal flower (*Lobelia cardinalis*), daylily, penstemon and fuchsia.

Encourage your plants to flower as much as possible by fertilizing them regularly and deadheading so they create more blooms. To ensure that the flowers and other plants in your yard have plenty of insects to sustain the hummingbirds and their young, avoid treating the yard with chemical pesticides. Instead, let nature take its course. The

birds in your yard will generally keep the insects under control. Think of an insect invasion as a temporary smorgasbord for the hummers in your garden.

Hummingbird feeders:

"A hummingbird feeder is one of the most effective ways to consistently entice and encourage hummingbirds to visit your yard," says Cole. She advises choosing a hummingbird feeder with an elevated perch, which makes it safer and more comfortable for the birds to feed. Put sugar water in the feeder, and don't add red food coloring. Check the feeder at least bi-weekly to ensure a steady supply of fresh food. Clean the feeder as needed with one part white vinegar to four parts water. Hang feeders in the shade. Too much sunshine and warmth can cause fermentation of sugar-based liquids.

Provide water:

"Hummingbirds also adore bathing, so make sure to add a water feature to your yard, such as a drip fountain or mister," says Cole. I would agree, as I often see them bathing in my fountains!

How to get a hummingbird to land on your hand:

According to Cole, it's possible to get a hummingbird to land on your hand. To do so, she advises sitting near a feeder that is visited regularly by hummingbirds. "Remain still so the birds realize you're not a threat," she says. "Repeat this procedure several times a day for a few days, wearing the same clothing. Each day, move a little closer until you're sitting right next to the feeder. Next, hold the feeder or cup your hand to use as a perch underneath the feeding ports. It can take some time, but with consistency and patience, you'll experience a close-up encounter."

Committees, 2021-2022 from Launa Gould

The nominating committee is working hard to fill our Executive Committee for the 2021-22 term. We have some great members that have volunteered for most positions!

We are missing a **Third Vice President**. That person would be in charge of the Fall Plant Sale and GardenFest. You don't have to do it all, just be the board member to represent the position. If you know of someone that would like to be on the Executive Committee and/or coordinate the Plant Sale or GardenFest please let me know.

Contact me for more information.

Launa Gould, LaunaG@cox.net, 949-275-3974



Eco Warriors Vanquish Litter from Weej Baggaley

The trash at North Beach didn't stand a chance against the mighty Eco Warriors on February 8. Our crew showed no mercy on the thousands and thousands of tiny pieces of Styrofoam that littered our beach and threatened our wildlife. Truly evil stuff--good thing our A Team was on it.

Join us on **Monday, March 8 at 9:30 am** and help us look after our beaches and our wildlife. We'll meet at the pier.



L to R: Lesley Bindloss, Rosa Kinoshita, Elyse Crane, Kieu Doan, Ocean (a guest from our Facebook page), Betsy & Greg Dunn. **Not pictured:** Susan Reveal, Simone Costes, Weej Baggaley.

Note from the Green Team from Betsy Dunn

When Styrofoam is disposed of, it breaks up into zillions of tiny Styrofoam balls. They are almost impossible to pick up from the sand because they float away – eventually to the ocean.

Does anyone have one of these **hand held strainers** that you could donate to the Green Team? If you do, let Betsy Dunn (betsyd143@gmail.com) know and I'll make arrangements to pick it up before our next Beach Clean Up Day on **Monday, March 8.**

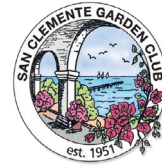


Free hyacinth's & water lilies

If you interested in free hyacinth's and water lilies contact: **Nina Ostensen - Cell 949-285-0706**



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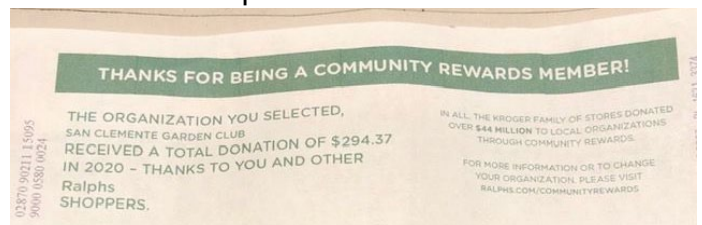
We are very Grateful to our Sponsors!
Please bring them your business.

Asterisk (*) indicates San Clemente Garden Club Member

Ralphs Community Contribution Program from Weej Baggaley

Our San Clemente Garden Club has partnered with Ralphs to raise money for our club through the Ralphs Community Program. After you link up your Ralphs card, Ralphs will donate a percentage of every purchase you make to our club, every time you shop and use your Ralphs card or linked phone number. (You can search for our club alphabetically, or use our code **AY273.**) https://www.ralphs.com/asset/ralphs_instructions_2016-2017

The directions are printed at the end of this newsletter.





P.O. Box 3891
San Clemente, CA 92674-3891

San Clemente Garden Club Activities March, 2021

Join this Virtual Event:

Zoom Meeting:

Wednesday, March 3, 1:00 pm
with Bonnie Jo Manion
(email link to follow)

Live Events with COVID protocols:

Eco Warriors:

Monday, March 8 at 9:30 am
meet at the pier

Civic Beautification:

Wednesday, March 3, 9:00 am,
at Park Semper Fi.
and
Wednesday, March 17, 9:00 am,
at Casa Romantica.

In accordance with announcements from CDC and WHO, all activities and events for the ensuing 2021 season are to be determined.

COMMUNITY PROGRAMS



WEBSITE REGISTRATION INSTRUCTIONS

IF YOU HAVE NOT REGISTERED YOUR REWARDS CARD ONLINE

NOTE: We have a secured website, these procedures apply to everyone who has not entered their email address and assigned a password.

1. Log in to www.ralphs.com
2. Click on 'No Account' Register
3. Follow the easy steps to create an online account
4. You will be instructed to go to your email inbox to confirm your account
5. After you confirm your online account by clicking on the link in your email, return to www.ralphs.com and click on 'Sign In', enter your email address and password.
6. View all your information and edit as necessary
7. Link your card to your organization by clicking on:
 - a. Community Rewards - Enroll
 - b. Type your NPO number or Name of your Organization
 - c. Remember to click on the circle to the left of your organizations' name
 - d. Click on Enroll to finish your enrollment process

IF YOU HAVE ALREADY REGISTERED YOUR REWARDS CARD ON-LINE

(This means that you have already entered your email address and assigned yourself a password)

1. Log in to www.ralphs.com
2. Click Sign In
3. Enter your email address and password
4. Click on 'Your Name' (In the top right hand corner)
5. View all your information and edit as necessary
6. Link your card to your organization by clicking on:
 - a. Community Rewards – Re-Enroll
 - b. Type your NPO number or Name of your Organization
 - c. Remember to click on the circle to the left of your organizations' name
 - d. Click on Enroll to finish your enrollment process

Thank you,
Community Contributions Staff